We Claim:

1. A compound of the formula (I)

$$R^3$$
 HN
 R^2HN_G
 R^1
 R^1
 R^1
 R^1
 R^1
 R^1
 R^2HN_G
 R^1
 R^1
 R^1
 R^2

wherein R^1 is a protecting group for $N\alpha$;

R² is a protecting group for N_G; and

R³ is aryl; and

wherein the compound of formula (I) is a trypsin substrate such that trypsin cleaves the O-C single bond, which liberates R^3 -OH.

- 2. The compound of claim 1 wherein R¹ is selected from the group consisting of acyl, arene sulfonyl, and carbamoyl derivatives.
- 3. The compound of claim 1 wherein R¹ is selected from the group consisting of t-butyloxycarbonyl and derivatives, benzyloxycarbonyl and derivatives, benzyloxycarbonyl and derivatives.
- 4. The compound of claim 1 wherein R² is selected from the group consisting of nitro, arene sulfonyl, carbamoyl, and acyl.
- 5. The compound of claim 1 wherein R² is selected from the group consisting of nitro, benzene sulfonyl and derivatives, tosyl, carbobenzyloxy and derivatives, and benzoyl and derivatives.

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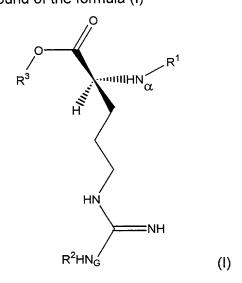
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- 6. The compound of claim 1 wherein R³ comprises a heterocyclic aromatic moiety.
 - 7. The compound of claim 6 wherein R³ is a fused ring system.
 - 8. The compound of claim 1 wherein R³ is carbocyclic.
- 9. The compound of claim 8 wherein R³ is 1-naththol and derivatives thereof.
- 10. The compound of claim 1 wherein R³ is selected from the group consisting of phenylpyrrole and derivatives thereof, coumarin and derivatives thereof, phenylthiophene and derivatives thereof, indole and derivatives thereof, and 2-phenyl-5H-thiazol and derivatives thereof.
- 11. The compound of claim 1 wherein R³-OH is optically distinct from the compound of formula (I).
 - 12. A diagnostic device comprising:a carrier matrix; anda compound of the formula (I)



wherein R^1 is a protecting group for $N\alpha$; R^2 is a protecting group for N_G ; and

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R³ is aryl; and

wherein the compound of formula (I) is a trypsin substrate such that trypsin cleaves the O-C single bond, which liberates R³-OH.

- 13. The diagnostic device of claim 12 wherein R¹ is selected from the group consisting of acyl, arene sulfonyl, and carbamoyl derivatives.
- 14. The diagnostic device of claim 12 wherein R¹ is selected from the group consisting of t-butyloxycarbonyl and derivatives, benzyloxycarbonyl and derivatives, benzoyl and derivatives, and benzene sulfonyl and derivatives.
- 15. The diagnostic device of claim 12 wherein R² is selected from the group consisting of nitro, arene sulfonyl, carbamoyl, and acyl.
- 16. The diagnostic device of claim 12 wherein R² is selected from the group consisting of nitro, benzene sulfonyl and derivatives, tosyl, carbobenzyloxy and derivatives, and benzoyl and derivatives.
- 17. The diagnostic device of claim 12 wherein R³ comprises a heterocyclic aromatic moiety.
- 18. The diagnostic device of claim 17 wherein R³ is a fused ring system.
 - 19. The diagnostic device of claim 12 wherein R³ is carbocyclic.
- 20. The diagnostic device of claim 19 wherein R³ is 1-naththol and derivatives thereof.
- 21. The diagnostic device of claim 12 wherein R³ is selected from the group consisting of phenylpyrrole and derivatives thereof, coumarin and derivatives thereof, phenylthiophene and derivatives thereof, indole and derivatives thereof, and 2-phenyl-5H-thiazol and derivatives thereof.

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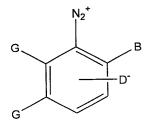
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- 22. The diagnostic device of claim 12 wherein the carrier matrix is filter paper.
- 23. The diagnostic device of claim 12 wherein the carrier matrix contains a diazonium salt.
- 24. The diagnostic device of claim 23 wherein R³-OH reacts with a diazonium salt to form a visible color.
- 25. The diagnostic device of claim 23 wherein the diazonium salt has the structure:

wherein R⁴ is aryl; and wherein An⁻ is an anion.

- 26. The diagnostic device of claim 25 wherein R⁴ is morpholinobenzene and derivatives thereof.
- 27. The diagnostic device of claim 23 wherein the diazonium salt is a zwitter ion having the structure



wherein D is an anion;

wherein G is independently H, C_{1-6} alkyl, or in which the two G moieties together form a fused ring system; and wherein B is H or OH.

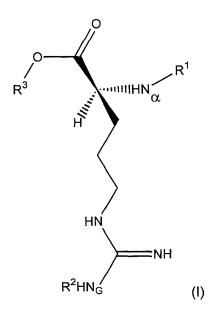
28. The diagnostic device of claim 12 wherein R³-OH is optically distinct from the compound of formula (I).

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29. A method of preparing a diagnostic device, the device comprising a carrier matrix and a trypsin substrate of formula (I)



wherein R^{1} is a protecting group for $N\alpha;\,$

R² is a protecting group for N_G; and

R³ is aryl; and

wherein the compound of formula (I) is a trypsin substrate such that trypsin cleaves the O-C single bond, which liberates R³-OH;

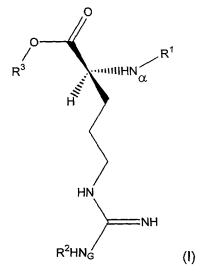
the method comprising:

- (a) contacting a carrier matrix with a buffer solution;
- (b) drying the carrier matrix; and
- (c) contacting the carrier matrix with a solution comprising the trypsin substrate of formula (I).
- 30. The method of claim 29 further comprising (d) drying the carrier matrix.
 - 31. The method of claim 29 wherein the carrier matrix is filter paper.
- 32. The method of claim 29 wherein the carrier matrix comprises a diazonium salt.

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- 33. The method of claim 32 wherein R³-OH reacts with the diazonium salt to form a visible color.
- 34. The method of claim 25 wherein the solution comprising the trypsin substrate of formula (I) further comprises a diazonium salt.
- 35. The method of claim 29 wherein R³-OH reacts with the diazonium salt to form a visible color.
- 36. The method of claim 29 wherein R³-OH is optically distinct from the compound of formula (I).
- 37. A method for detecting levels of urinary trypsin inhibitor in a biological sample comprising:

contacting a biological sample with a predetermined amount of trypsin, a predetermined amount of a diazonium salt, and a diagnostic device comprising a trypsin substrate of the formula (I)



wherein R^1 is a protecting group for $N\alpha$;

 $\ensuremath{\mbox{R}^2}$ is a protecting group for $N_G;$ and

R³ is aryl; and

wherein the compound of formula (I) is a trypsin substrate such that trypsin cleaves the O-C single bond, which liberates R³-OH; and

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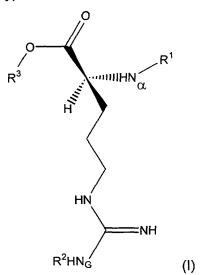
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wherein the compound R³-OH reacts with a diazonium salt to form a visible color such that the greater the intensity of the color, the less urinary trypsin inhibitor is in the biological sample.

- 38. A diagnostic kit for determining the presence of urinary trypsin inhibitor in a biological fluid, the kit comprising:
 - (a) trypsin; and
 - (b) a trypsin substrate of the formula (I)



wherein R^1 is a protecting group for $N\alpha$;

R² is a protecting group for N_G; and

R³ is aryl; and

wherein the compound of formula (I) is a trypsin substrate such that trypsin cleaves the O-C single bond, which liberates R³-OH.

- 39. The diagnostic kit of claim 38 wherein R³-OH is optically distinct from the trypsin substrate.
- 40. The diagnostic kit of claim 38 wherein further comprising: (c) at least one reagent capable of being used to determine the presence of urinary trypsin inhibitor.

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41. The diagnostic kit of claim 40 wherein the reagent is a diazonium salt.